

NEWSflash

December 2011

ADKC
Action Disability
Kensington & Chelsea
A Centre for Independent Living

The Voice of Disabled People in Kensington & Chelsea



Seasons Greetings!



Inside this issue

- Mulled wine and mince pies at ADKC!
- Christmas holiday events and shopping
- Christmas closing and Season's Greetings from ADKC

Editor's word

The ADKC staff



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Personal Budgets
Support
Co-ordinator

Jamie Renton



Welcome to our annual slim-line festive issue of Newsflash.



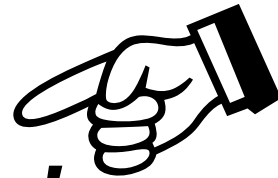
Here at ADKC we're all looking forward to having a well earned break, before we return refreshed and ready for action at the beginning of next year. As ever I want to thank our staff team, our Executive Committee and above all else you, our members, for your continued support.

hope you enjoy it and look forward to seeing you in the New Year.

The next issue of Newsflash should be with you in February.

Whatever you're celebrating in this festive season, I

Jamie Renton
Chief Executive



Mulled Wine and Mince Pies!

Please come and join us for Mulled Wine and Mince Pies on
Tuesday 20th December 2010, 3.30 – 5pm

At The ADKC Centre
Whitstable House
Silchester Road
LONDON W10 6SB.

Non alcoholic punch available too.
Drop in for a drink!



ADKC Christmas Closing Hours:

ADKC's offices will be closed from the afternoon of Friday 23 December 2011, re-opening on Tuesday 3 January 2012.

With this newsletter you should have received a list of emergency numbers of local and national organisations who can offer you support over the holiday period, when ADKC's offices will be closed.

If you didn't receive this insert then please contact us here at ADKC and we'll send a copy out to you straight away.



ADKC Centre
Whitstable House
Silchester Road, W10 6SB
T: 020 8960 8888 F: 020 8960 8282
Minicom: 020 8964 8066
www.adkc.org.uk

Disclaimer
ADKC's Newsflash aims to provide a forum for local disabled people. The views expressed here do not necessarily reflect those of ADKC or its Executive Committee. We obtain our news and information from reputable organisations.

Some ideas for getting in the festive mood over the Christmas and New Year

For shoppers...

Traditional German Christmas Market

Another traditional German Christmas market makes a welcome return to the Hyde Park Winter Wonderland for 2011, and promises to be even bigger and better than last year. Back with more entertainment, festive refreshment and delightful Christmas chalets, the traditional German Christmas market is sure to be another big hit with Londoners in search of seasonal fun.

19 November 2011 -
03 January 2012
10am - 10pm
Hyde Park
Bayswater
London, W2 2UH
Nearest Tube:
Hyde Park Corner
Free Entry

Please note that the market is closed on Christmas Day.

Shows...

The Royal Albert Hall

Christmas festival runs from Monday 12th December - Saturday 24th December 2011. Phone for more information on the concerts and musical performances taking place over the Christmas period, to purchase tickets, and information on access to the theatre for disabled customers.

Royal Albert Hall
Kensington Gore,
London, SW7 2AP
Phone: 0871 971 4449
Note: Calls cost 10p per min plus network extras.
Nearest Tube:
South Kensington

Santa's Grotto...

18 Nov 2011-3 Jan 2012
10am - 6pm Free

Winter Wonderland
Hyde Park
Nearest Tube
Hyde Park Corner
London, W2 2UH

Meet Father Christmas at the free Santa's Grotto at Winter Wonderland, when Hyde Park is transformed into a breathtaking festive landscape complete with ice rink, Christmas market and circus.

Regular Events

ADKC Wheelchair Hire

Short term loans at reasonable prices. £5 per day or £25 for a whole week (7 days).

Internet Café

Every Friday
10am - 1pm FREE.
Come meet other ADKC members and surf the net.

Massage and Reflexology

At the ADKC Centre on Wednesday and Friday
£20 / £15 Unwaged.
Please note that if you fail to turn up to your appointment or cancel it 24 hours or less before the time it is due, you will be liable for the full cost of the appointment.
Please contact Eric at ADKC for prices and to book a session.

ADKC Photo Service

Only £3 for four passport-size photos

Please contact us here at ADKC on 0208 960 8888 for more information.

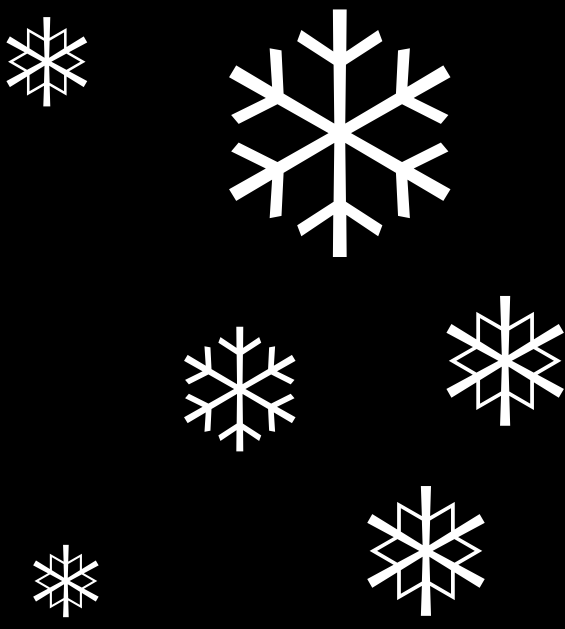
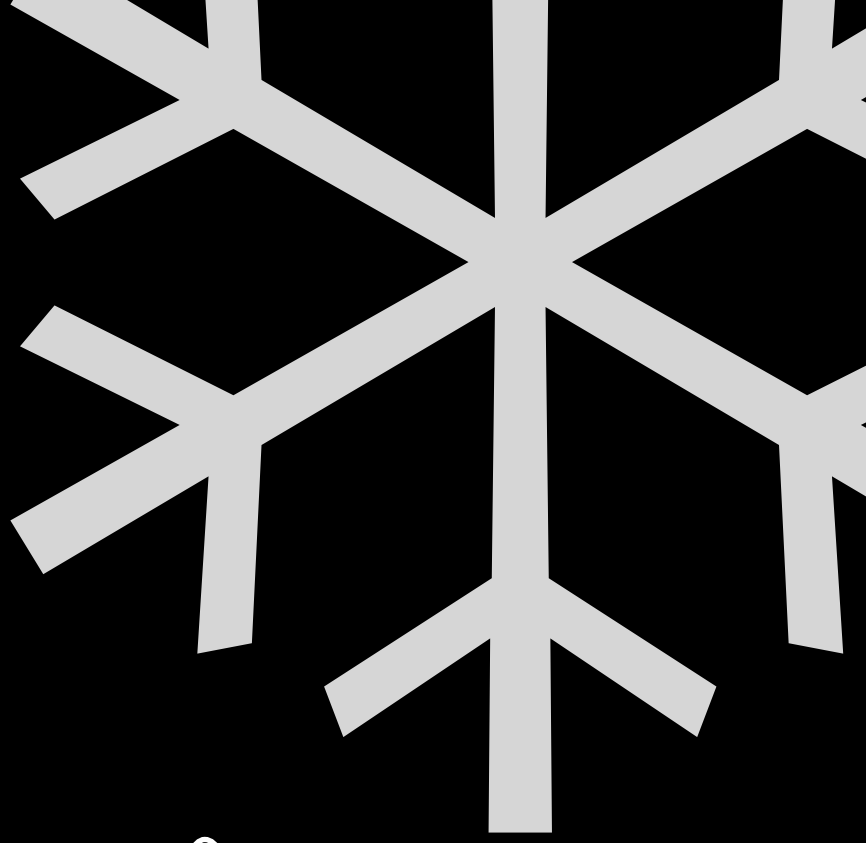
Do you want to advertise in Newsflash?

Full Page: £100
Half Page: £50
Quarter Page: £25

Email text of your advertisement and accompanying image (picture or logo) to: information@adkc.org.uk
Font should be 12pt minimum

Contact Marian at ADKC on 020 8960 8888 for more information





**Seasons' Greetings
from ADKC**

**Whatever you
celebrate this holiday,
have a good one!**

