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Meet Felicity

ADKC'S New Information & Advice Officer



I'm really pleased to be joining ADKC as an Information and Advice Officer. I have previous experience in advice work through Citizens Advice and have recently completed my LLM in Medical Law and Ethics.

I've always enjoyed working with people and helping them navigate difficult situations and find the

support they need. My own lived experience of disability has given me a personal understanding of the importance of accessible information, good advice, and being listened to.

I'm looking forward to meeting ADKC's members, getting to know the team, and becoming part of the organisation.

The ADKC staff



Jamie Renton
Chief Executive



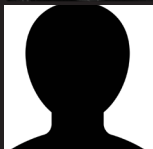
Simone Galloway
Disability Connect
Co-ordinator



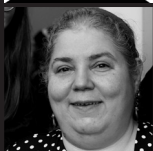
Jenny Hurst
Independent Living
Project Co-ordinator



Glenda Joseph
Personal
Development Officer



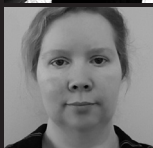
Carla Camilleri
Advice and
Casework Team
Manager



Mariya Stoeva
Access Project
Co-ordinator



Mary Ann Mallet
Volunteer Project
Coordinator



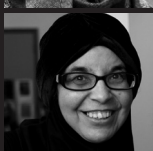
Theresa
McGrady
Voice of Experience
Co-ordinator



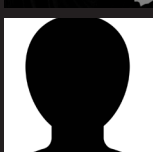
Beverly
Powell
Office
Administrator



Ify Obi
Young Disabled
People's Project
Co-ordinator



Naima Mouhda
Caseworker



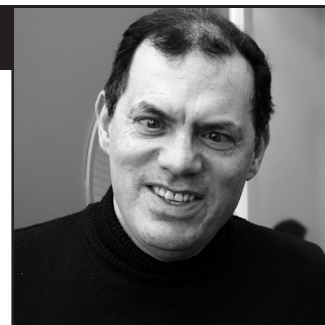
Deena Sari
Caseworker



Felicity Neile
Information &
Advice Officer

Editor's word

Jamie Renton



Welcome to the Autumn issue of Newsflash.

In this issue you'll find introductions to our new Information and Advice Officer and the new email address you can use when you need to get support from us.

All part of our work to meet the increasing demand for our services by local disabled people.

You'll also find more dates for our popular Afternoon Tea at ADKC.

People really seem to enjoy the opportunity to get together for a cuppa and a chat. If you've yet to join us, please do come along if you can. The mood is friendly, the biscuits are crispy and the kettle's always on!

Special thanks, as ever, to Kristina Rochelle for putting this issue together and to our designer Matthew Rosenberg.

The next issue of Newsflash should be with you later in the year.

Until then, stay safe, take care and please get in touch if you need our support with anything (using our new support@adkc.org.uk email address!)

Jamie Renton
Chief Executive

NEW: Kensington and Chelsea Disability Forum

Bringing together local disabled people, ADKC, council staff and disabled people's organisations to improve local services. Everyone is welcome!

Tuesday 3rd November 2026, 2-4pm, on Zoom and at the ADKC Centre, please contact voiceofexperience@adkc.org.uk to register.

AFTERNOON TEA AT ADKC 2-4pm

NEW DATES

Wednesday 11th November
Wednesday 9th December
Wednesday 13th January

Hot drinks and biscuits will be provided.



Jean's Autumn Casserole

A delicious vegan casserole perfect for the colder months.

Ingredients

Serves four

3 medium onions sliced

450g carrots sliced

450g potatoes peeled and chopped bite size

2 sticks of celery sliced

175g button mushrooms sliced

2 tablespoons of plain flour

570ml water

2 vegetable stock cubes

1 tablespoon of tomato paste

2 bay leaves

1 tablespoon of oil and salt and pepper to taste.

Method

Pre heat the oven to 190c or 375f or gas mark 5.

Heat the oil in a large saucepan add the onions and cook until soft.

Add the rest of the vegetables to the pot and cook for a few minutes stirring often, stir in the flour and when it is well mixed add the water, tomato paste, stock cubes and bay leaves and salt and pepper.



Bring the mix to the boil and then transfer into a casserole dish and bake for 1 hour.

I like it with green beans and some crusty bread.

POhWER's RBKC Physical & Sensory Disability & Older People Advocacy Service

Who We Support

Our service is available to RBKC residents aged 18 and over, including individuals who are funded by RBKC but placed elsewhere in London and unable to access local advocacy services.

Eligible individuals must have one or more of the following:

- A sensory disability (hearing and/or sight loss)
- A physical disability
- A long-term health condition
- Multiple disabilities or conditions from the above group

How We Can Help

We provide independent, community-based instructed advocacy and can support people with:

- Social care disputes
- Complaints relating to health and social care services
- Safeguarding concerns
- Dignity and quality of care issues
- Personalisation and direct payments
- Disability-related disputes
- Wheelchair repairs and mobility-related issues
- Utility service disputes
- Blue Badge issues
- Support to attend meetings

Limited support with PIP and benefits-related matters

- Non-statutory Care Act advocacy where appropriate

To contact POhWER in Kensington & Chelsea, you can use the following details:

t: 0300 456 2370

e: pohwer@pohwer.net

ADKC also offers many of these services via the Independent Living Group

For initial enquiries, please contact:
support@adkc.org.uk
t: 020 8960 8888

Have a New Enquiry?

Use our new contact email or ADKC office number!

We are trying out a new system to make it easier for people to get support from ADKC and to make sure the enquiry is dealt with by the right staff member. We have one phone number and one email address for all new enquiries!

If you have a new enquiry, please contact us by:

e: support@adkc.org.uk

Phone the ADKC Centre:
020 8960 8888

Your enquiry will be noted down, prioritised and sent to the right staff member to take on, who will get in touch. This is called "triage".

If you mention a new enquiry to the staff member, they will send the enquiry to the support@adkc.org.uk email address.



Action Disability
Kensington & Chelsea
A Centre for Independent Living

ADKC Centre

Whitstable House
Silchester Road, W10 6SB

T: 020 8960 8888

F: 020 8960 8282

www.adkc.org.uk

Disclaimer

ADKC's Newsflash aims to provide a forum for local disabled people. The views expressed here do not necessarily reflect those of ADKC or its Executive Committee. We obtain our news and information from reputable organisations.