Kensington + Chelsea Foundation
A better life together

ADKC COUNSELLING SERVICE

ADKC
Action Disability
Kensington & Chelsea

Action Disability Kensington and Chelsea offers a free counselling service for its members and disabled people, who live or work in the borough, in a safe and confidential space, to talk with a trained professional about any issues and concerns.

Sessions can be face-to-face, online or via telephone and are a maximum of twelve weekly sessions.

To book an appointment or for more information, please contact **Simone**, ADKC on tel: **07595 968 587** or email: **disabilityconnect@adkc.org.uk**

www.adkc.org.uk