

Disability Connect

Kensington & Chelsea

Feeling
Isolated?

Four walls
getting you
down?

Need help to
find some online
or outdoor
activities?

Are you a
disabled
person?

Need a
listening ear
and/or moral
support?

Need
someone to
talk to?



- Offers one to one emotional support (please note that this is not a counselling or psychological service)
- Can link you into peer support groups, a range of advice and information services
- Help to research and find activities of interest to you

For more information contact:
Simone
Disability Connect Co-ordinator
Action Disability Kensington & Chelsea

07595 968 587
disabilityconnect@adkc.org.uk

Mondays, Tuesdays & Thursdays
9.30am – 5pm

This service is for ADKC members, and/or people with long-term physical health conditions, who live in K&C.

