

Feeling
isolated

Are you a
disabled
person?

Need
someone to
talk to?



Disability Connections Kensington & Chelsea



Four walls
getting you
down?

Need a
listening ear
and/or moral
support?

Need help to
find some online
or outdoor
activities?

Disability Connections Kensington & Chelsea

(This service is for ADKC members, and/or people with long-term physical health condition, who live in K&C)

- Offers one to one emotional support (**please note that this is not a counselling or psychological service**)
- Can link you into peer support groups, a range of advice and information services
 - Help to research and find activities of interest to you

For more information contact:
Simone Galloway
Disability Connections Co-ordinator
Action Disability Kensington & Chelsea
Tel: 07595 968 587
(Mondays, Tuesdays & Thursdays
9.30am – 5pm)
Email: disabilityconnect@adkc.org.uk

