The Independent Living Project coordinator, Jenny Hurst, will be back in the office from around 11.30 on 2 days per month on:

* 2nd week of month on either Tuesday or Wednesday
* 4th Wednesday of the month

**NOTE**: It is important to make an appointment, or call to check before travelling in, as dates might have to change.

## 2024 - Planned dates at the ADKC Centre.

**January**:  Tuesday **9th** OR Weds **10th** AND Weds **24th**,

**February**:   Tuesday **13th** OR Weds **14th** AND Weds **28t**h,

**March**:  Tuesday **12th** OR Weds **13th** AND Weds **27th**,

**April:**   Tuesday **9th**OR Weds **10th** AND Weds **24th**,

**May:** Tuesday **14th** OR Weds **15th** AND **(To Be Confirmed),**

**June** Tuesday **11th** OR Weds **12th** AND Weds **26th**,

**July:** Tuesday **9th** OR Weds **10th**AND Weds **24th**,

**August**: Tuesday **13th** OR Weds **14th** AND Weds **28th**,

**September:** Tuesday **10th** OR Weds **11th** AND Weds **25th**,

**October:** Tuesday **8th**OR Weds **9th**AND Weds **23rd**,

**November:** Tuesday **12th** OR Weds **13th** AND Weds **27th**,

**December:** Tuesday **12th**OR Weds **13th**, AND **(To Be Confirmed)**

Jenny works remotely on other days, from 9.30-5 and can be contacted by phone, text, email, WhatsApp. Jenny can also arrange a video meeting by Zoom or Microsoft Teams.

**Call:** 07922 811 281 (Text/WhatsApp message preferred).

**Email:** [IndependentLiving@adkc.org.uk](mailto:IndependentLiving@adkc.org.uk)