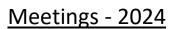
## Personal Budget / Independent Living Peer Support



If you live in Kensington and Chelsea and:

- you have a Personal Budget, Direct Payment or CHC Personal Health Budget or
- you pay privately for care or support or are supported by a family carer or
- you need support but don't have it and would like to find out what is available

... feel free to join us at our online peer support, advice and information sessions.

Meetings are <u>usually</u> on the 3<sup>rd</sup> Wednesday of each month, but dates / times sometimes change so please <u>check the "Events" tab on www.adkc.org.uk</u>

- January Wednesday 17<sup>th</sup> -from 11am until 1pm)
- February Wednesday 21<sup>st</sup>
- March Wednesday 20<sup>th</sup>
- April Wednesday 17<sup>th</sup>
- May– Wednesday 15<sup>th</sup>
- June- Wednesday 19<sup>th</sup>
- July-Wednesday 17<sup>th</sup>
- August- Wednesday 21st (to be confirmed)
- September- Wednesday 18th
- October- Wednesday 16<sup>th</sup>
- November- Wednesday 20<sup>th</sup>
- December- Wednesday 18th (to be confirmed)

Contact Jenny Hurst, ADKC's Independent Living Coordinator, for more information or to have email reminders and online meeting joining links sent to you.

- Email: IndependentLiving@adkc.org.uk
- Phone, SMS Text or WhatsApp: 07922 811 281

